



AAWE ADVISORY GROUP

IMPROVING EDUCATION & TRAINING



SMALL WORKING GROUP MEMBERS

Bianca Miras (working group coordination)

Clive Miller (Support Act)

Gill Dunn (APRA AMCOS)

Julia Barry (ASPAH) -

Julia Edwards (EA)

Yohana Franklin (Everymind)

PREAMBLE

Improving awareness and mental health literacy amongst entertainment industry workers

Entertainment Assist's 2016 Working in the Australian Entertainment Industry: Final Report continues to shine the spotlight on serious mental health and wellbeing concerns in the Australian entertainment industry. It has been a powerful catalyst in securing funding to develop tailored education and training programs and support services to promote mental health and wellbeing amongst workers of the entertainment industry.

Since the collection of data in 2018-2019 with findings presented in the 2020 Mind your own showbiz research report, many education resources, programs and support services have been developed and established. Below is a summary of current education resources and training programs that have been developed to improve awareness and mental health literacy amongst entertainment industry workers.

BACKGROUND

Improving education and training

Australia Alliance for Wellness in Entertainment's (AAWE) Advisory group in response to the Recommendations outlined in the Mind Your Own Showbiz research report by Everymind and released in November 2020, identified Improving education and training and Embedding practice and policy in workplaces as priority areas to action. To address these, two small working groups were established.

AAWE Small Working Group - Improving Education and Training met on 10 February 2021. The group proposed to develop a summary of existing mental health and wellbeing education resources and training programs tailored to the Entertainment Industry. This would then be shared with the wider AAWE Advisory Group for feedback and insight, including gaps and opportunities.

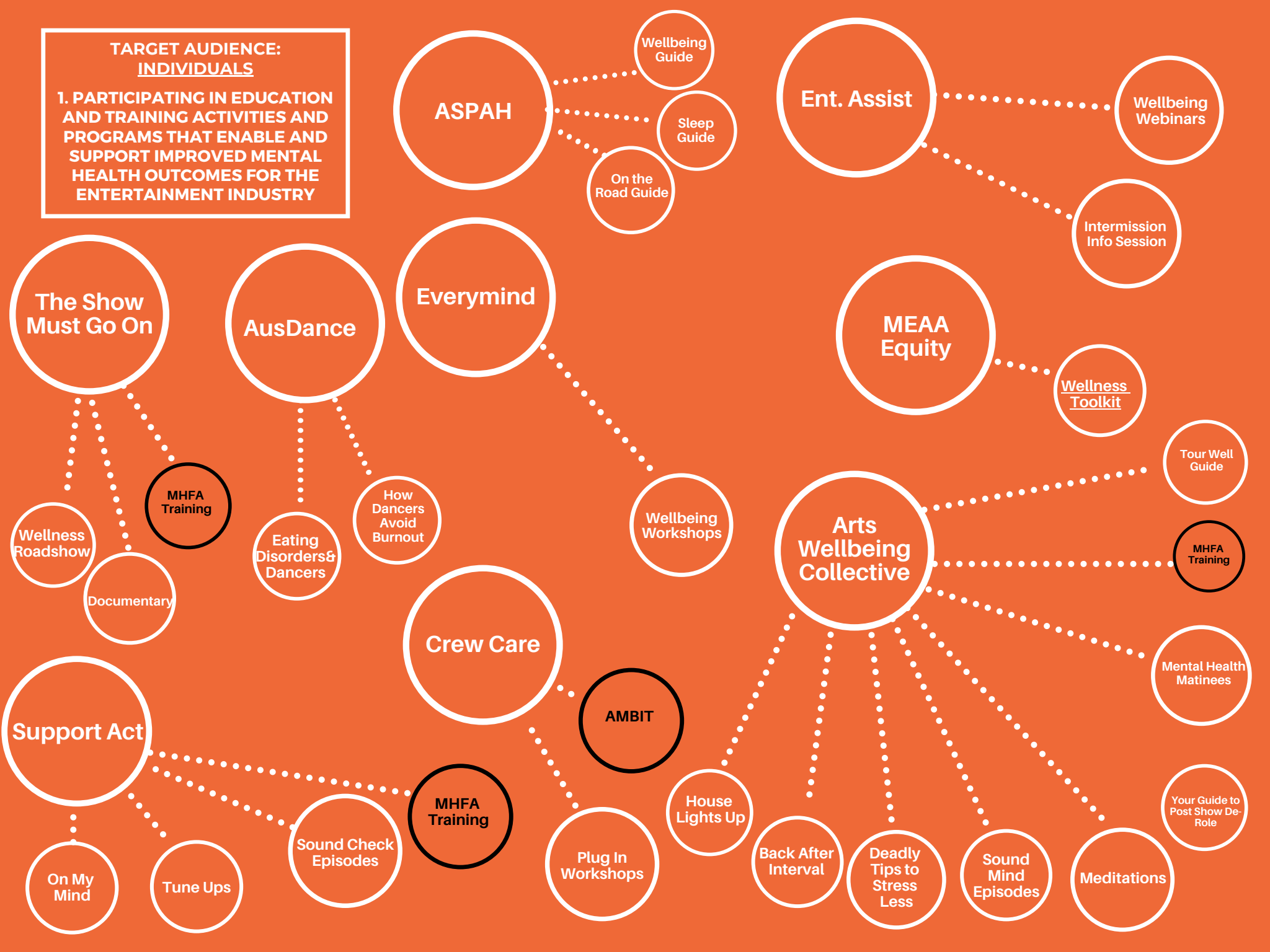
Improved mental health education for entertainment industry professionals is crucial to overall wellbeing.



Six recommendations specific to improve mental health education outlined on page 19 of the Mind Your Own Showbiz report by Everymind.



TARGET AUDIENCE:
INDIVIDUALS
1. PARTICIPATING IN EDUCATION AND TRAINING ACTIVITIES AND PROGRAMS THAT ENABLE AND SUPPORT IMPROVED MENTAL HEALTH OUTCOMES FOR THE ENTERTAINMENT INDUSTRY



ASPAH

Wellbeing Guide
Sleep Guide
On the Road Guide

Ent. Assist

Wellbeing Webinars
Intermission Info Session

AusDance

How Dancers Avoid Burnout
Eating Disorders & Dancers

The Show Must Go On

MHFA Training
Wellness Roadshow
Documentary

MEAA Equity

Wellness Toolkit

Everymind

Wellbeing Workshops

Crew Care

AMBIT

Plug In Workshops

House Lights Up

Arts Wellbeing Collective

Tour Well Guide

MHFA Training

Mental Health Matinees

Your Guide to Post Show De-Role

Back After Interval

Deadly Tips to Stress Less

Sound Mind Episodes

Meditations

Support Act

On My Mind

Tune Ups

Sound Check Episodes

MHFA Training

**TARGET AUDIENCE:
UNIONS/GUILDS**

**2. ENSURING THAT
EDUCATION AND TRAINING
ON WELLBEING IS
AVAILABLE, ACCESSIBLE
AND RELEVANT TO THOSE
THEY REPRESENT.**

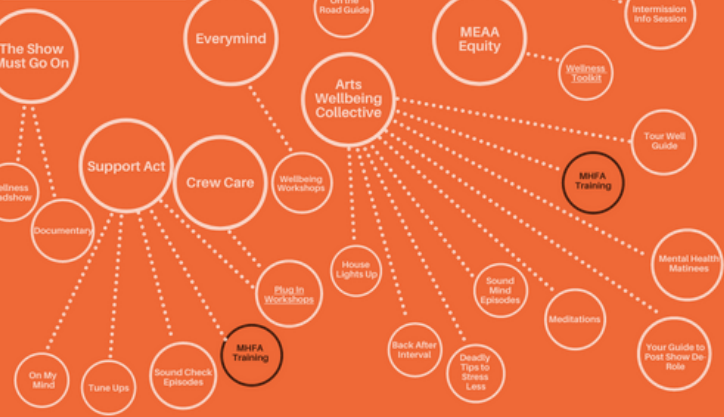
TARGET AUDIENCE:
EDUCATION/TRAINING
4. INCORPORATING AND
FACILITATING ACCESS TO
RELEVANT EDUCATION AND
TRAINING IN MENTAL
WELLBEING FOR
EMPLOYEES.

**MEAA
Equity**

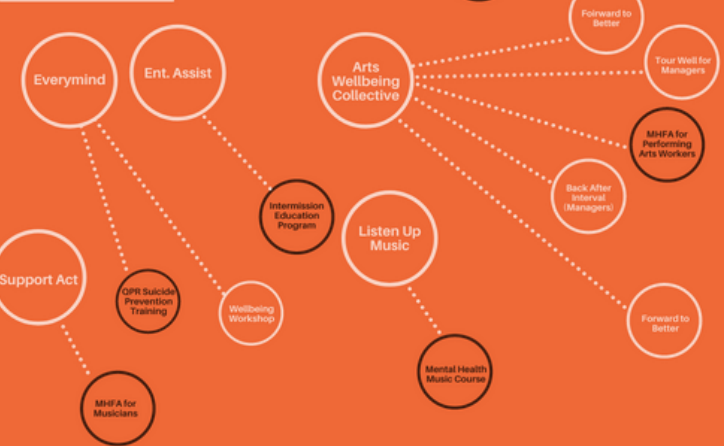
**Wellness
Toolkit**

**Unions &
Guilds**

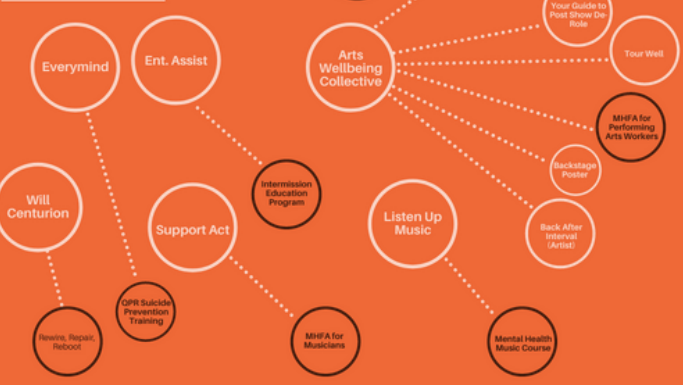
TARGET AUDIENCE:
INDIVIDUALS
1. PARTICIPATING IN EDUCATION
AND TRAINING ACTIVITIES AND
PROGRAMS THAT ENABLE AND
SUPPORT IMPROVED MENTAL
HEALTH OUTCOMES FOR THE
ENTERTAINMENT INDUSTRY



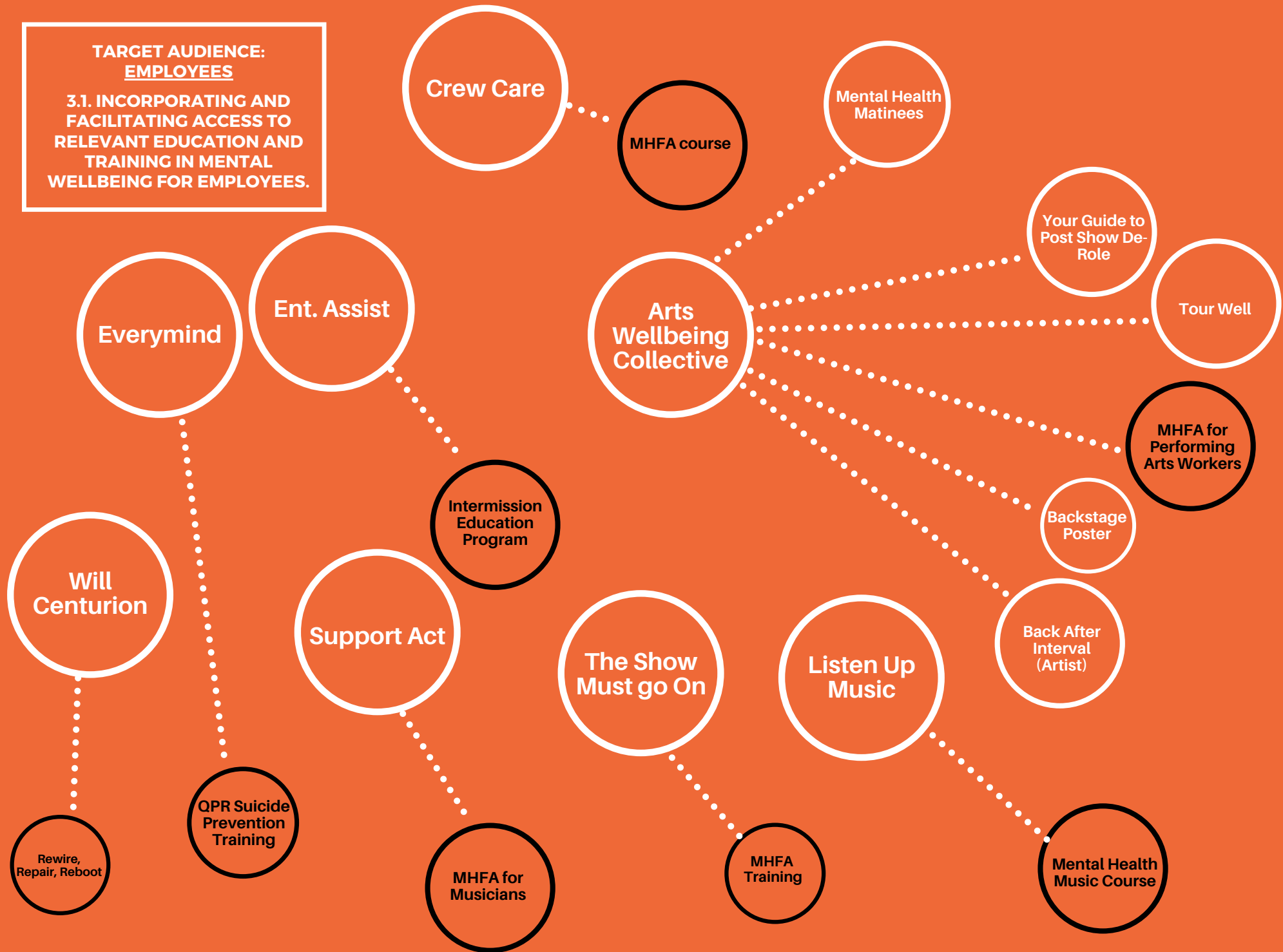
TARGET AUDIENCE
EMPLOYEES
3.2. INCREASING THEIR OWN
SKILLS AND KNOWLEDGE IN
MENTAL WELLBEING AND
EMPLOYEE SUPPORT.



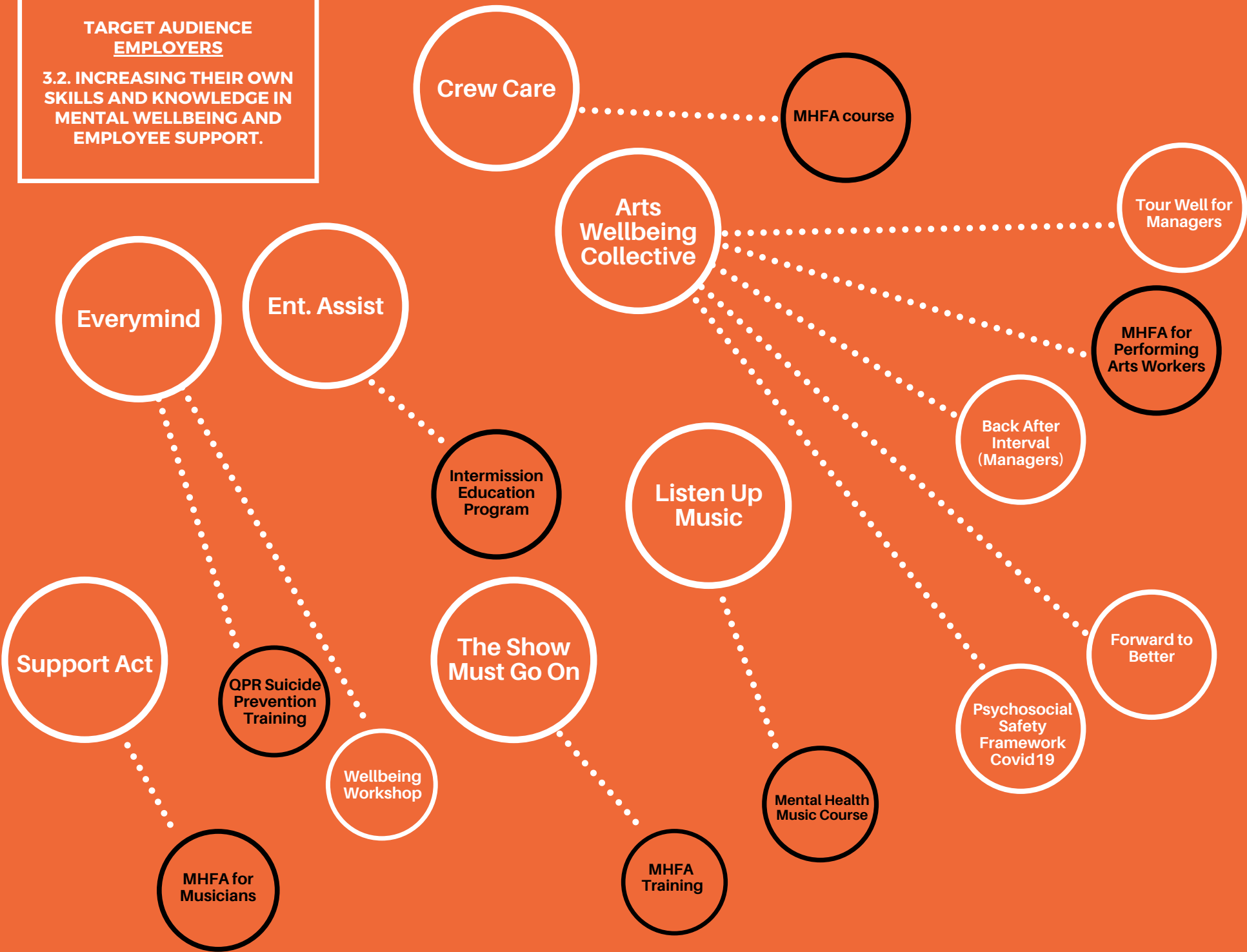
TARGET AUDIENCE:
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3.1. INCORPORATING AND
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**TARGET AUDIENCE:
EMPLOYEES
3.1. INCORPORATING AND
FACILITATING ACCESS TO
RELEVANT EDUCATION AND
TRAINING IN MENTAL
WELLBEING FOR EMPLOYEES.**



TARGET AUDIENCE
EMPLOYERS
3.2. INCREASING THEIR OWN SKILLS AND KNOWLEDGE IN MENTAL WELLBEING AND EMPLOYEE SUPPORT.



**TARGET AUDIENCE:
EDUCATION/TRAINING**

**4. INCREASING, IMPROVING
AND TAILORING CURRENT
PROGRAMS IN MENTAL
WELLBEING, THROUGHOUT
THE EDUCATION TIMELINE
AND INTO THE WORKFORCE**

